## Spirit Channelling – Inspirational Speaking

with
Sha LéWilante
Saturday 10<sup>th</sup> September 2016
10 am – 4 pm
The London Spiritual Mission
13 Pembridge Place, W2

This workshop is for those who already have some knowledge and practice of working with Spirit. It focuses on learning to allow your Guides and helpers to communicate through you, allowing speech to flow, and learning to trust what is there, and to discern between what is coming from you, and what is coming from Spirit. It is a very uplifting, fulfilling and motivational workshop as so much wisdom and knowledge flows through from our Guides and often Ascended Masters.

Today we will explore the channel of communication and the messages that flow through. It takes diligent practice to learn to trust what comes through. Like all Spirit communication, trust is key.

The day is interactive and you will learn how to distinguish between all the senses. It will also help you to know which sense is strongest at the moment and if you are opening your door to other senses. Exciting information can come through inspirational speaking, as we are attuning to the wisdom and knowledge of our guides and teachers and all connecting through Divine Spirit.

This is a fun-filled day. Interactive, busy yet relaxing, creative and exploratory.

Requirements: Some ability to focus is helpful. Some knowledge & experience of relaxation would be helpful. Overall positive approach.

Fee £25

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