



## **CRYSTAL HEALING WORKSHOP**

**29th May Sunday 11.30am - 4pm £25**

On this day you will learn the basics that the crystal kingdom has to offer for healing yourself, others and everyday use. We will cover; cleanse, tune and dedicate crystals. Crystal energy, crystals and chakras(energy points) in the body, crystal healing the aura, crystal wands and shapes, crystal layouts/grids, crystals for grounding and protection and much more....This day will be interactive with questions and answers, exercises will include working in pairs. You're welcome to bring along your favourite crystals, there will be plenty here for you to use. Whether you're a beginner or advanced you will gain insights into the wonderful world of the crystal kingdom.

Please bring mat or blanket to lay on.



Any questions please ask [info@kimalexis.co.uk](mailto:info@kimalexis.co.uk)

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