

Alternative Healing Techniques at The London Spiritualist Mission

In this special one day workshop on **Sunday 9th July2023**, Roy Sunley will take us through the exciting and rewarding world of Alternative, Light Energy, Spiritual and Shamanic Healing. Teas on from 10.00 start **prompt at 10.30** until 4pm.

We are all natural Healers, but by learning new techniques and about new energies we can all empower our healing abilities and give a greater sense of short and long term recovery for our patients and of course friends and family and possibly more importantly ourselves.

Learn how to work as a team and the use of Advanced light touch and Distance Healing during this rewarding, thought provoking, skills enhancing day. We will use 12 Chakras to enhance energy and heal. We will learn Distance Healing across space and time as well as brushing up or learning Breathing Techniques and the ancient Japanese Healing art of Reiki.

Join Roy from 10.30 until 4pm and learn new ways to access Advanced Healing Energies and work with different Modalities to enhance your results. Look at how we can use Energy to heal both Physical and Emotional issues and learn to heal ourselves reducing stress and disease in our own lives.

Roy is a Reiki Master Teacher and Quantum Touch Practitioner and Instructor. He uses Shamanic Healing techniques and meditation as well as a mixture of Advanced Modalities together with Spiritual Energy to provide his students, patients and friends with the amazing power of healing and recovery. Roy holds an Advanced Diploma in Mindfulness, Meditation and Relaxation and is a Professional Medium serving many Southern based Spiritual Churches, including "The London Spiritual Mission"

Please book as soon as possible to confirm your place on this one off workshop. Costs are just **£35** for the full workshop. Please bring your own lunch or drop into local shops and cafes. Lots of free parking and easy access to the tube.

To book please text: 07775 99 7174 or e-mail: <u>roy.sunley@yahoo.co.uk</u> Or contact via <u>www.roysunley.co.uk</u>. or <u>www.spiritualmission.co.uk</u> It's okay to just turn up and pay on the day. SUNDAY 9th JULY 2023