

Sound Vibration Healing Workshop

With singer, songwriter, musician, composer

Eva Abraham

Saturday 30th September

The London Spiritual Mission

13 Pembridge Place, London W2 4XB

10:30am - 4:30pm

£35



Join Eva as she guides you into the realms of 'Sound Vibration Healing' using crystal singing bowls, drum, guitar and voice

The opening through sound helps further facilitate and release blocks with mediumship and intuition when working with the higher self and realms of Spirit.

In this workshop you will get the chance to immerse yourself deeply in a meditative sound bath of healing energy and vibration. Working towards finding your own voice whilst in the sacred space; making inspirational, devotional; sounds, words, messages, in a safe environment. You will also get the chance to move and make sound to the beat of the transformative vibration of the drum.

This will be a journey of exploration, healing and restoration.

Allow the vibration of sound to touch and move the Soul finding you just as you are then take your hand and guide you gently along the Spiritual path.

There will be plenty of time to share thoughts, feelings and experiences, if you so choose, amongst like minded others.

Please bring your lunch with you, tea and coffee will be provided.

It is advised to wear loose comfortable clothing. Also as the last part of the day will be relaxation please bring a blanket, you might also like to bring a mat and cushion. Please bring cash on the day if possible but I do have a machine now :)

I look forward to welcoming
you wholeheartedly 💜 Eva x

