

## Workshop with Karen Wood

### The Power of the Spirit

*During this workshop we will be looking at our own spirit, attunement within yourself to get inspiration to motivate us. We need to listen to our own spirit to bring forth a clearer understanding of our pathway and what we want to do with our spiritual gifts. Wherever you are on your journey we need to listen to the spirit within. Join me for a day of self discovery and blending with spirit.*

**Saturday 23 March 2019**

**at**

**London Spiritual Mission  
13 Pembridge Place, London W2 4XB**

Arrive by 09:45 am for 10.00 am prompt start  
Finish 4:00 pm

Bring your own lunch, drinks provided

Price £30 per person payable on the day