

Understanding the Mechanics of Mediumship?

with Medium Anthony Kesner

The London Spiritual Mission

13 Pembridge Place, London, W2 4XB

Saturday 21st September 2019

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In this workshop, which is for all levels of mediumship, Anthony will teach you, through exercises, how to learn to bring in all the small details that matter so much in mediumship.

It will be a day of hard work.

. He will cover:-

- ❖ What grounding is and how to do it
- ❖ How to open and close your energy
- ❖ How to meditate
- ❖ The Chakra system explained
- ❖ The importance of the heart chakra
- ❖ Developing your sixth sense
- ❖ Sensing energy
- ❖ The difference between mediumistic and psychic
- ❖ Connecting with your spiritual guides and helper

Price £35 per person - starting at 10am finishing at 4.30pm

Please contact Doreen on: 07932 626927 to confirm your place. If you're at the church you can speak to Doreen our Vice President or any member of the LSM committee. Payment will be required in cash on the day of the workshop.